

Lapage Primary School
& Nursery
Physical Education and School Sport

School Sports Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
Autumn Term	Sports Club (Year 3 & 4) 3.00pm - 4.00pm	Sports Club (Year 5 & 6) 3.00pm - 4.00pm	Girls' Ju-jitsu (Year 4, 5&6) 3.00pm - 4.00pm	Boys' Ju-jitsu (Year 4, 5 & 6) 3.00pm - 4.00pm	Badminton (Year 4, 5 & 6) 3.00pm - 4.00pm
	Sports Club (Year 1 & 2) 3.00pm - 4.00pm	Table Tennis (Year 4, 5 & 6) 3.00pm - 4.00pm	Bradford City Football in the Community (Year 4, 5 & 6) 3.00pm - 4.00pm	Club Wii Café Year 3, 4, 5 & 6 3.00pm - 4.00pm	Bradford City Football in the Community (Year 1, 2 & 3) 3.00pm - 4.00pm
					Running Club (year 5 & 6) 11.30 - 12.00

	Monday	Tuesday	Wednesday	Thursday	Friday
Spring Term	Sports Club (Year 3 & 4) 3.00pm - 4.00pm	Sports Club (Year 5 & 6) 3.00pm - 4.00pm	Girls' Ju-jitsu (Year 4, 5&6) 3.00pm - 4.00pm	Boys' Ju-jitsu (Year 4, 5 & 6) 3.00pm - 4.00pm	Dance (Year 4, 5 & 6) 3.00pm - 4.00pm
	Sports Club (Year 1 & 2) 3.00pm - 4.00pm	Table Tennis (Year 4, 5 & 6) 3.00pm - 4.00pm	Bradford City Football in the Community (Year 4, 5 & 6) 3.00pm - 4.00pm	Club Wii Café Year 3, 4, 5 & 6 3.00pm - 4.00pm	Bradford City Football in the Community (Year 1, 2 & 3) 3.00pm - 4.00pm
					Running Club (year 1 & 2) 11.30 - 12.00

	Monday	Tuesday	Wednesday	Thursday	Friday
Summer Term	Sports Club (Year 3 & 4) 3.00pm - 4.00pm	Sports Club (Year 5 & 6) 3.00pm - 4.00pm	Girls' Ju-jitsu (Year 4, 5&6) 3.00pm - 4.00pm	Boys' Ju-jitsu (Year 4, 5 & 6) 3.00pm - 4.00pm	Dance (Year 4, 5 & 6) 3.00pm - 4.00pm
	Sports Club (Year 1 & 2) 3.00pm - 4.00pm	Table Tennis (Year 4, 5 & 6) 3.00pm - 4.00pm	Bradford City Football in the Community (Year 4, 5 & 6) 3.00pm - 4.00pm	Club Wii Café Year 3, 4, 5 & 6 3.00pm - 4.00pm	Bradford City Football in the Community (Year 1, 2 & 3) 3.00pm - 4.00pm
				Club Wii Café Year 3, 4, 5 & 6 3.00pm - 4.00pm	Running Club (year 3 & 4) 11.30 - 12.00

School Club Links

 <p>Web: www.proskillscoaching.co.uk</p> <p>Email: mark@proskillscoaching.co.uk</p> <p>Telephone: 07969 870731</p> <p>Proskills is a coaching provider that supports school in some of its afterschool sports provision. Proskills have a variety of holiday clubs and out of school clubs your child may enjoy attending.</p>	<h3>Karmand Cricket Club</h3> <p>Web: http://www.yorkshirecricketboard.org.uk/index.php/en/club-directory/club-directory/items/view/karmand-cricket-club</p> <p>Email: karmandsports@live.co.uk</p> <p>Telephone: 07941 442392</p>
 <p>LIVING THE DREAM</p> <div style="border: 1px solid black; padding: 5px; width: fit-content;"> <p>Bradford Horton Sports Football Club is a local junior football team holding coaching sessions for a wide range of age groups.</p> </div> <p>Email: rizwan_mo10@hotmail.com</p> <p>Telephone: 07792 936887/07714 421047</p>	<h3>Bradford City Football In The Community</h3>  <p>Website: http://www.bradfordcityfitc.org.uk/</p> <p>Email: bradfordcityfitc@aol.com</p> <p>Telephone: 01274 706850</p> <p>BCFITC link with school to provide football coaching and also run a number of holiday coaching sessions throughout the Bradford area. It is also through BCFITC that we are able to run visits to Valley Parade to enable children to watch Bradford city football matches.</p>

Bradford Dragons Basketball Club



Web: <http://www.bradforddragons.co.uk/>

Email: info@bradforddragons.co.uk

Telephone: 07816610600 / 01274 590409

Bradford Dragons regularly offer discounted rates on tickets to watch their senior level games and have a well established junior team programme.

Bradford Bulls Rugby League Club



Web: www.bradfordbulls.co.uk

Email: info@bradfordbulls.co.uk

Telephone: 08448 711 490

School works with the Bradford Bulls' foundation on a yearly basis hiring coaches to provide tag rugby training for year 5 children. During the summer we visit Odsal Stadium and allow children to experience a Super League fixture.

Onna Ju-jitsu Club



Website: www.onnajujuclub.com

Email: mumtazbkhan@hotmail.com

Telephone: 07877 466818

Onna Ju-jitsu Club hold two sessions at school, one for girls and one for boys. The Club also hold a number of further evening and weekend sessions around the Bradford area.

Kickboxing Classes

Open to 5-14 year olds
Sundays from 11.00am to 1.00pm
At
Lapage Primary School

Contact Mr Farooq on 07855 144403 for further details

Change 4 Life club

Change for life club is a national initiative aimed at supporting children by giving them the knowledge and understanding needed to be able to live a healthy life. Children learn about healthy foods, food labelling, exercise, and how these effect the body. The school runs 2 clubs on a Friday morning for key stage 2 children and Key stage 1 children.

The Clubs are organised by coaches using the school sport premium funding.

Inter School Sport

		BD3 Sports Partnership Mondays 3.00pm - 5.30pm	Sainsbury's School Games Thursdays 3.00pm - 5.30pm	Additional Competitions
Autumn Term	September		Football (year 6 Boys')	Bingley Harriers Bradford schools Cross country (year 5 & year 6)
	October	Cross Country Running (Year 3) (year 4) (Year 5) (year 6)	Football (year 6 Girls')	Bradford Park Avenue Schools U11 Football Tournament (year 6)
	November	Tag Rugby (year 5) & (Year 3)	Football (year 4 Mixed)	
	December	Sports Hall Athletics (year 5) & (year 3)	Sports Hall Athletics (year 6) & (year 4)	
	January	Basketball (year 5) & (Year 4) & (year 3)	Basketball (year 6) Leadership Academy Training (year 5)	
	February	Netball (year 5) & (year 3)	Badminton (year 6)	
	March	Tennis (Year 4) & (Year 3) Badminton (Year 5)	Tag rugby (year 6)	
April	Football (Year 3) (year 4) (year 5) (year 6)	Hi5 Netball (year 6)		
May		Tennis (Year 3) & (year 4) Cricket (year 6)	Marley Stadium football tournament (year 4, Year 5, Year 6)	
June		Football (year 3) & (Year 5)	Rounders (year 6)	

	July			School Sports Day (whole school)

Summer Sports Camp

(Dates and times to be confirmed)

	<u>Year 2</u>	<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>
9.30 to 9.45	Registration	Registration	Registration	Registration
9.45 to 10.45	Football	Athletics	Basketball	Cricket
10.45 to 11.45	Cricket	Football	Athletics	Basketball
11.45 to 12.30	Lunch	Lunch	Lunch	Lunch
12.30 to 1.30	Basketball	Cricket	Football	Athletics
1.30 to 2.30	Athletics	Basketball	Cricket	Football

Physical Education Curriculum

Year Group	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Reception	Dance	Gymnastics	Games (multiskills)1	Gymnastics	Dance	Games (Multiskills)2
Year 1	Games (Multiskills)3	Gymnastics	Dance	Gymnastics	Games (Multiskills)4	Athletics
	Parachute Games	Athletics	Playground Games	Games (circuit)	Games (circuit)	Games (circuit)
Year 2	Games (Multiskills)	Dance	Gymnastics	Gymnastics	Invasion (Multiskills)	Strike & Field (multiskills)
	Parachute Games	Games (Circuit)	Playground Games	Athletics	Games (circuit)	Games (circuit)
Year 3	Football	Gymnastics	Dance	Netball	Tennis	Cricket
	Basketball	Football	Athletics	Uni Hoc	Netball	Tennis
Year 4	Football	Dance	Gymnastics	Basketball	Cricket	Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Netball	Gymnastics	Dance	Football	Tennis	Rounders
	Basketball	Football	Athletics	Netball	Tag Rugby	Tennis
Year 6	Netball	Dance	Gymnastics	Basketball	Cricket	Athletics
	Basketball	Football	Athletics	Netball	Rounders	Tennis

Residential Visits

Nell Bank Outdoor Activity Centre - Year 3 children have the opportunity to stay over for one night at "Nellies" near Ilkley and take part in a variety of outdoor and adventurous activities. (Woodland Walk, Habitats trail, Orienteering, Adventure Play)

Ingleborough Hall Outdoor Education Centre - In year 4 children have the chance to spend four nights at the former country Hall in the Yorkshire Dales National Park. They will spend the week experiencing a range of outdoor pursuits and studying the rivers topic.

Buckden House Outdoor Education Centre - Year 5 children have the opportunity to stay four nights in the former manor house situated in the village of Buckden in the Yorkshire Dales. During the week, children will participate a number of challenging outdoor pursuits and study the geographical topic of glaciation.

Pro skills CPD programme

During the spring and summer terms coaches from *Pro skills Coaching Ltd* have been working with teachers in years 1 to 6 to develop subject specific knowledge in PE lessons. This has been funded using the PE premium money. Coaches have worked alongside teachers on a weekly basis covering multiskills, football, and cricket. Early feedback suggests that the children have thoroughly enjoyed the sessions and the teachers have welcomed the input which has been given.