

Food Technology Long Term Planning For 2019-2020

Year Group	Covered Topic
<p align="center">Year 1</p>	<p>Autumn Term 1: Using food tech room safely.            Healthy food, cook fruit and vegetable in a simple way.            Autumn Term2: Healthy breakfast (smoothies)            Develop weighing and measuring skills.            Spring Term 1: Introduce simple baking.            Spring Term 2: Healthy food from around the world.            Summer Term 1: Simple but healthy baking.            Summer Term: Simple but healthy baking.</p>
<p align="center">Year 2</p>	<p>Autumn Term 1: Healthy food and looking at different healthy but simple recipes, healthy drinks.            Autumn Term2: Healthy Breakfast            Simple Baking (Christmas themed activities/cooking will also take place.            Weighing and measure skills            Spring Term 1: Healthy lunch and Healthy lunchbox (making right choice for food).            Planning simple menu for lunch.            Spring Term 2: Healthy food from around the world.            Summer Term 1: Simple but healthy baking.            Summer Term: Simple but healthy baking</p>
<p align="center">Year 3</p>	<p>Autumn Term 1: Healthy food and look at using same ingredients differently.</p>

	<p>Autumn Term2: Healthy breakfast and some Festive themed recipes (biscuits and Gingerbread man cookies).</p> <p>Spring Term 1: Healthy Lunch options and a healthy lunchbox (making right choice for food and life style). Food contribution in healthy life style, Planning/cooking simple meals.</p> <p>Spring Term 2: Healthy food from around the world.</p> <p>Summer Term 1: Healthy but simple baking recipes. Look at the alternative ingredients for baking.</p> <p>Summer Term: Simple but healthy baking</p>
<p>Year 4</p>	<p>Autumn Term 1: Healthy food and look at what does it mean by "nutritional value of ingredients."</p> <p>Autumn Term2: Healthy breakfast, importance of eating healthy breakfast. Children will also cook some Christmas themed recipes.</p> <p>Spring Term 1: Healthy Lunch options and a healthy lunchbox (making right choice for food and life style). Food contribution in healthy life style, Planning/cooking simple meals.</p> <p>Spring Term 2: Healthy food from around the world.</p> <p>Summer Term 1: Healthy but simple baking</p>

	<p>recipes. Look at the alternative ingredients for baking (healthy choice).</p> <p>Summer Term: Simple but healthy baking.</p>
<p>Year 5</p>	<p>Autumn Term 1: Healthy food and look at what does it mean by "nutritional value of ingredients." Where to find that information. Cook simple but healthy food.</p> <p>Autumn Term2: Healthy breakfast, importance of eating healthy breakfast. Look at impact of healthy breakfast. Different breakfast from around the world. Children will also cook some Christmas themed recipes.</p> <p>Spring Term 1: Healthy Lunch options and a healthy lunchbox (making right choice for food and life style). Food contribution in healthy life style, Planning/cooking simple meals. Food contribution in healthy life style, Planning/cooking simple meals. Look at nutritional value of ingredients children will use in their cooking lessons.</p> <p>Spring Term 2: Healthy food from around the world.</p> <p>Summer Term 1: Healthy but simple baking recipes. Look at the alternative ingredients</p>

	<p>for baking.  How to adapt recipes.  Summer Term: Simple but healthy baking</p>
<p>Year 6</p>	<p>Autumn Term 1: Healthy food and look at what does it mean by "nutritional value of ingredients." Where to find that information. Cook simple but healthy food.</p> <p>Autumn Term2: Healthy breakfast, importance of eating healthy breakfast. Look at impact of healthy breakfast. Different breakfast from around the world.  Children will also cook some Christmas themed recipes.</p> <p>Spring Term 1:). Healthy Lunch options and a healthy lunchbox (making right choice for food and life style). Food contribution in healthy life style, Planning/cooking simple meals.</p> <p>Food contribution in healthy life style, Planning/cooking simple meals. Look at nutritional value of ingredients children will use in their cooking lessons.</p> <p>Spring Term 2: Healthy food from around the world.</p> <p>Summer Term 1: Healthy but simple baking recipes. Look at the alternative ingredients for baking.  How to adapt recipes.  Summer Term: Simple but</p>

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