Nursery Home Learning timetable w/b 25/1/21

	Monday 25 th Jan	Tuesday 26 th Jan	Wednesday 27 st Jan	Thursday 28 th Jan	Friday 29 th Jan	
Physical fine motor	Use a spoon or a scoop and scoop up some lentils/pasta/beads or anything else you can find at home.	Use the shape pattern cards in your pack and trace over then with your finger. If you have some buttons/beads you can place these over the patterns.	Scrunch up some paper to make some small balls. Use your thumb and fore finger to see how many you can pick up.	Get a sponge and a bowl of water. Soak the sponge in water. Then can you squeeze all the water out of the sponge.	In your pack find the witch pencil control sheet and trace over the lines with a pencil.	
Outdoor/ physical	Active P.E session 6 - jumping in combination https://www.afpe.org.uk/physical-education/thisispesupporting-parents-to-teach-pe-at-home/	Yoga - winter wonderland https://www.youtube.com/ watch?v=yE1NEiVf2Gk	Play musical statues, Dance and move when the music plays. When the music stops stand really still.	Yoga - penguins https://www.youtube.com/watch 2v=jSZvMHlw9vs	Practice moving in different ways, can you jump, hop, skip, roll, crawl.	
Have a healthy lunch and drink						



You could help your grown up to prepare a healthy snack.

Talk about healthy food and the food you like to eat.

Take some time to relax and listen to your favourite songs and rhymes or curl up with your favourite story book. Go outside in your garden and get some fresh air.



Creative	Collage	<u>Drawing</u>		Role play	Junk modelling/construction
	Make an ambulance picture. What will your ambulance look like? How many wheels will it have? What will you use?	Can you draw a picture of someone that helps you when you are poorly. You might want to draw a picture of someone in your family or a picture of some doctors and nurses.		Get some of your teddies and lay them down. Your teddy is feeling poorly can you make him/her better? You could get a scarf and wrap it around like a bandage.	Use some junk modelling boxes or some construction material like lego or blocks and make an ambulance. Remember to think about what you will need - wheels, doors, and the sound single windows along the sound single windows the sound si
		Send a picture of your			window, siren.
	Send a photo of what you have made to Nursery@lapage.bradford.sc h.uk	drawing to Nursery@lapage.bradford.s ch.uk			0.0
					Send a picture of your model to <u>Nursery@lapage.bradford.sch.u</u> <u>k</u>
Well - being	Share a book with someone in your family.	Play some happy music and dance along with it.	Go in a walk in your street and listen to the sounds you can hear.	Play with your favourite toy or game.	Draw a picture of your friends at Nursery or one of your teachers.

Literacy		At the doctors	<u>Oral Talk</u>	Read, Write Inc picture cards	Miss Polly has a dolly
		Listen to this story all about the doctors. Talk you your grown up about what you found out. https://www.youtube.com/watch?v=bwx2Z69S0YA	Can you find out about doctors/nurses and how they help you. What kind of equipment do they use? Where do they work? What kind of vehicles do they use? There are some pictures below for you to look at and some pictures in your pack.	Watch this video and join in with the picture descriptions. https://www.youtube.com/watch?v=bwx2Z69S0YA Scroll down for the picture cards or find them in your pack.	Find the song in your pack and learn it. Join in with the words and actions. Send a video of you singing to Nursery@lapage.bradford.sch.uk
Maths	All about No.1	I spy number 1	Represent no.1	Go number walk	
Mains	Watch number blocks all about 1. https://www.bbc.co.uk/iplaye r/episode/b08bzzns/number blocks-series-1-one Find objects in your house to represent no.1. Send a picture of what you have found to Nursery@lapage.bradford.sc h.uk	In your pack find this sheet. Find the different objects that represent 1.	In your pack there are some picture cards that represent no.1. Talk about what you can see e.g I can see 1 apple. Have a go at making your own cards.	Go on a walk in your street, have a look at the numbers on the doors and on cars. Can you spot the number 1? Take some photos and send them to Nursery@lapage.bradford.sch.u k	





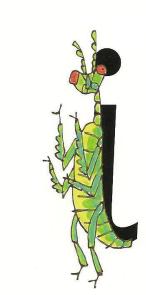






Bounce: t-t-t-tower Handwrite: Down the tower,

across the tower



Bounce: i-i-i-insect

Handwrite: Down the body, dot

for the head



Stretch: nnnnnet Handwrite: Down Nobby, over his net



Bounce: p-p-p-pirate
Handwrite: Down the plait and
over the pirate's face

