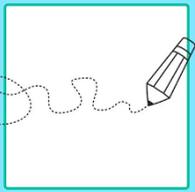
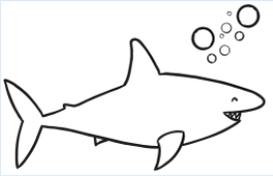


Nursery Home Learning timetable w/b 01/03/21

	Monday 1 st March	Tuesday 2 nd March	Wednesday 3 rd March	Thursday 4 th March	Friday 5 th March
Physical fine motor	<p>Get some pasta shells and a straw, thread the straw through the pasta.</p> 	<p>In your pack find the shark pencil control sheet and trace over the lines with a pencil</p> 	<p>Put on your coat or cardigan or short and practice fastening your buttons and zips</p> 	<p>Get some pegs and a plastic bowl. Squeeze the pegs onto the edge of the bowl. How many pegs can you squeeze onto the bowl? Now try with a bigger/smaller bowl.</p> 	<p>In your pack find the shark in the park colouring sheets and carefully colour a picture.</p> 
Physical gross motor	<p>Active P.E session 18 - reaction wall https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/</p>	<p>Action songs - join in with these songs and rhymes https://www.youtube.com/watch?v=71hqRT9U0wg https://www.youtube.com/watch?v=FKL8jOwIRf8</p>	<p>Active P.E session 20 - lily pad jump https://www.afpe.org.uk/physical-education/thisispe-supporting-parents-to-teach-pe-at-home/</p>	<p>Action songs and rhymes - join in with these songs and rhymes https://www.youtube.com/watch?v=wR9HI9IkmH8 https://www.youtube.com/watch?v=fPMjnlTEZwU</p>	<p>Movement games Musical statues https://www.youtube.com/watch?v=QJbvpcJSkBI Play Simon Says https://www.youtube.com/watch?v=aYXfUGz5-kq Move with me https://www.youtube.com/watch?v=JoF_d5sqGqc</p>



Have a healthy lunch and drink
You could help your grown up to prepare a healthy snack.

Talk about healthy food and the food you like to eat.

Take some time to relax and listen to your favourite songs and rhymes or curl up with your favourite story book.

Go outside in your garden and get some fresh air.



Literacy

Shark in the park.

Listen to the story shark in the park

<https://www.youtube.com/watch?v=24cU53mBKWY>

Cut out the stick puppets and use them to re-tell the story.



Use the telescope you made last week and go on a walk around your house/garden. Talk about what you can see through your telescope

Read, Write Inc picture cards

Watch this video and join in with the picture descriptions.

<https://www.youtube.com/watch?v=N3pVny7hYEg>

<https://www.youtube.com/watch?v=qzYgnaRhwOg>

Scroll down for the picture cards or find them in your pack

Look out for these symbols on some of your work tasks



This week we are focusing on:

N  **Noticing**

When you see this symbol encourage your child to talk about what they notice.

Oral talk

Find the under the sea picture in your pack or see below.

What do you notice? What actions can you see? (jumping, climbing, running, kicking etc)

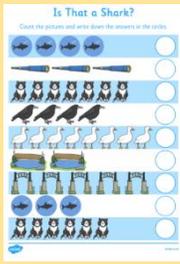
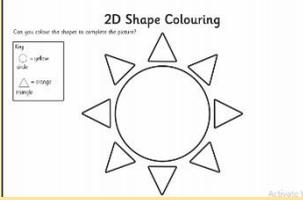
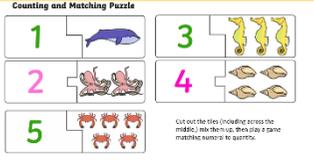
N  **Noticing**



Name Writing

In your pack find your name card and practice writing it. How many times can you write it on your paper?

Send a picture of your work to Nursery@lapage.bradford.sch.uk

<p>Maths</p>	<p><u>Counting</u></p> <p>Find the counting sheet in your pack. Count how many objects and see if you can write the number.</p>  <p>Send a picture of your work to Nursery@lapage.bradford.sc.h.uk</p>	<p><u>2D shapes</u></p> <p>Find the 2D shape colouring sheet in your pack. What shapes can you see? Circle, triangle, square, rectangle.</p> <p>Colour in the different shapes.</p>  <p>Send a picture of your work to Nursery@lapage.bradford.sc.h.uk</p>	<p><u>Number jigsaw</u></p> <p>Have another go at playing your puzzle game. Count how many objects and find the matching numeral.</p> 	<p><u>Number songs</u></p> <p>12345 once I caught a fish alive https://www.youtube.com/watch?v=9ir_l7qTiZ4</p> <p>count to 10 https://www.youtube.com/watch?v=DR-cfDsHCGA</p> <p>https://www.youtube.com/watch?v=85M1yxIcHpw</p> <p>days of the week https://www.youtube.com/watch?v=3tx0rvuXIRg</p> <p>2D shapes https://www.youtube.com/watch?v=pfRuLS-Vnjs</p>	
<p>Well - being</p>	<p>Choose one of these activities to do every day for 5 to 10 minutes</p> <ul style="list-style-type: none"> - Mindful colouring - Spend some time doodling and drawing - Listen to your favourite music - Listen to some relaxing music. Focus on your breathing. Breathe in and out - Dance - Go for a walk - Complete a jigsaw puzzle 				

- Play with your toys
- Read a book

Creative

Octopus.

Have a look at the photo below of the octopus. What can you see? What do you notice? How many tentacles does the octopus have?



In your pack find the purple octopus and fix it together

Send a picture of your scene
Nursery@lapage.bradford.sch.uk

Octopus.

In your pack you will find some plain paper and some tissue paper. Use this to make your own creative octopus.



Send a picture of what you make to
Nursery@lapage.bradford.sch.uk

Baby Shark

This baby shark song has some different sea creatures in. Listen to the song and join in with the actions.

<https://www.youtube.com/watch?v=j8z7UjET1Is>

which sea creatures did they sing about?

Send a video of you singing to
Nursery@lapage.bradford.sch.uk

Under the sea scene

Make your own under the sea scene.



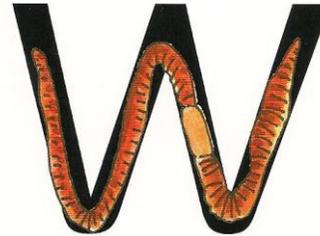
Make a picture of your work and send it to
Nursery@lapage.bradford.sch.uk



Stretch: vvvvulture
Handwrite: Down a wing, up a wing



Bounce: y-y-y-yak
Handwrite: Down a horn up a horn and under his head



Bounce: w-w-w-worm
Handwrite: Down, up, down, up



Stretch: zzzzip
Handwrite: Zig-zag-zig



Bounce: qu-qu-qu-queen
Handwrite: Round her head, up past her earrings and down her hair



Bounce: x-x-x-exercise
Handwrite: Down the arm and leg and repeat the other side

N 👁 Noticing



