



Dear Parent/Carer,

Lapage Primary School will be taking part in Team GB and ParalympicsGB's virtual **Travel to Tokyo challenge** and we're encouraging the entire school community to join in too!

We have turned the school into a **Travel to Tokyo team** and they will be making a 47,349 kilometre virtual journey around the world to reach Tokyo in time for the 2021 Olympic and Paralympic Games. All you need to do is get active as a family and record your activity on our easy-to use [Log Activity page](#).

You can get started by trying some fun [Travel to Tokyo activity ideas](#). All the physical activity your family does will count towards our team journey. You don't need lots of equipment or space – playing in the park or having a dance off to your favourite song – if it gets your heart pumping, it all counts!

There will also be great prizes to win, like fitness trackers and Games hampers for the whole family.

You can keep track of our team's progress and check out the weekly prize on our [School Dashboard](#). Select their team to see their journey across the world!

Please send us photos and videos of you and your family getting active, so we can share how we're doing! #TTTTYourWay

Many thanks

Mr Dennison
(Leader of PE & Enrichment)

