

Progression sheet



The following grid shows what PSHE knowledge and skills are being taught in each year group at Lapage.

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Relationships</p> <p>1. how to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts</p> <p>2. how to recognise and manage emotions within a range of relationships</p> <p>3. how to recognise risky or negative relationships including all forms of bullying and abuse</p> <p>4. how to respond to risky or negative relationships and ask for help</p> <p>5. how to respect equality and diversity in relationships</p>	<p>In Early years EYFS we focus on children's developmental stages. Children learn and develop through a play based on the curriculum.</p> <p>Making Relationships play co-operatively with others and taking turns. Show sensitivity to others needs and feelings</p> <p>Form positive relationships</p> <p>Self-confidence and Self Awareness</p> <p>Confident to try new activities</p> <p>Say when they do and don't need help</p>	<p>To identify their special people (family, friends, carers), what makes them special & how special people should care for one another.</p> <p>Identify and respect the differences & similarities between people.</p> <p>Feelings and emotions</p>	<p>Identify and respect the differences & similarities between people.</p> <p>Feelings and emotions</p> <p>Keeping safe</p> <p>Baby to adulthood</p> <p>Changes in body</p> <p>Keeping healthy</p>	<p>Know their strength and goals.</p> <p>understand change, including transition</p> <p>Family & friendship and support to benefit others as well as themselves.</p> <p>Know about different types of families</p> <p>Keeping safe</p> <p>Growing up</p> <p>Changes in the body</p>	<p>Show understanding of values, for example honesty, tolerance, respect and concern for others</p> <p>Family & friendship and support to benefit others as well as themselves.</p> <p>Know about different types of families</p> <p>Emotion and body changes at puberty keeping body safe</p>	<p>Making the right choices. Understand healthy lifestyle.</p> <p>understand the differences and similarities between people arise from a number of factors including family, cultural, ethnic, racial and religious diversity, age, gender identity,</p> <p>Body change and Puberty</p> <p>Personal hygiene feelings and emotions</p> <p>To understand how their body will, and emotions may, change as they approach and move through puberty.</p>	<p>Making the right choices. Understand healthy lifestyle.</p> <p>understand the differences and similarities between people arise from a number of factors including family, cultural, ethnic, racial and religious diversity, age, gender identity,</p> <p>Body change at puberty</p> <p>human reproduction</p> <p>Personal hygiene, have the right to protect their body from inappropriate and unwanted contact.</p>

	<p>Confident to speak in a familiar group and will talk about their own ideas.</p> <p>Managing feelings and behaviour They talk about how they and others how feelings. Talk about their own</p>						
<p>Health & Wellbeing what is meant by a healthy lifestyle 2. how to maintain physical, mental and emotional health and wellbeing 3. how to manage risks to physical and emotional health and wellbeing 4. ways of keeping physically and emotionally safe 5. about managing change, such as puberty, transition and loss 6. how to make informed choices about health and wellbeing and to recognise sources of help with this 7. How to respond in an emergency 8. to identify different influences on health and wellbeing</p>	<p>and others behaviour consequences and know that some behaviour is unacceptable. Work as part of a group/ class and understand to follow rules. They adjust their behaviour to different situations, and take changes of routine in their stride.</p>	<p>Understand healthy lifestyle including the benefits of physical activity, rest, healthy eating.</p> <p>Know rules for and ways of keeping physically & emotionally safe including road safety.</p>	<p>Understand healthy lifestyle including the benefits of physical activity, rest, healthy eating, benefits of medicine and dental health.</p> <p>Keeping safe, Know about people who they can trust and talk to.</p>	<p>Keeping healthy, diet & exercise</p> <p>Know about safe and unsafe drugs and how they can harm the body.</p>	<p>Children can express their views confidently and listen to and show respect for the views of others.</p> <p>Investigate topical issues and problems using a range of sources, including the media, to find answers to simple questions or information and advice.</p> <p>Understand healthy lifestyle including the benefits of physical activity, rest, healthy eating, benefits of medicine and dental health</p>	<p>Know how to keep physically and emotionally safe including safety on-line</p> <p>Understand about people who are responsible for helping them stay healthy and safe and ways that they can get help.</p> <p>Understand which, why and how, commonly available substances and drugs could damage their immediate and future health & safety.</p>	<p>Understand strategies for keeping physically and emotionally safe including safety on-line (including the responsible use of ICT and mobile phones).</p> <p>Understand about people who are responsible for helping them stay healthy and safe and ways that they can get help.</p> <p>Understand which, why and how, commonly available substances and drugs could damage their immediate and future health & safety, some are restricted and some are illegal to own,</p>

					Know about substances that are harmful to the body.		use and supply to others.
<p>Living in the Wider World – Economic Wellbeing and Being a Responsible Citizen</p> <p>1. about respect for self and others and the importance of responsible behaviours and actions 2. about rights and responsibilities as members of families, other groups and ultimately as citizens 3. about different groups and communities 4. to respect quality and to be a productive member of a diverse community 5. about the importance of respecting and protecting the environment 6. about where money comes from, keeping it safe and the importance of managing it effectively 7. How money plays an important part in people's lives</p>	<p>To agree to follow, group & class rules and to understand how these rules can help them.</p> <p>To understand what improves & harms their local, natural & built environments and about some of the ways people look after them.</p> <p>To recognise that money comes from different sources & can be used for different purposes and understand concept of saving.</p>	<p>To help construct & agree to follow, group & class rules and to understand how these rules can help them.</p> <p>Understand what is fair & unfair.</p> <p>To recognise that money comes from different sources & can be used for different purposes, including the concepts of spending & saving.</p>	<p>To reflect on and celebrate their achievements and understand their own uniqueness and what makes them happy.</p> <p>To learn about the role money plays in their own and others' lives.</p> <p>To learn about enterprise and the skills that can make someone 'enterprising'</p>	<p>Looking after the environment.</p> <p>Understand and explain democracy and rule of law.</p> <p>Understand how money is a limited resource and we have choices and decisions to make about how to spend it.</p> <p>Understand how these decisions might affect communities including schools or the wider community, such as where they live</p>	<p>To understand why rules and laws that protect themselves & others are made and enforced, why different rules are needed in different situations and to understand how to take part in making & changing rules.</p> <p>Recognise that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.</p> <p>Learn about enterprise and the skills that make someone 'enterprising.'</p>	<p>To understand why & how rules and laws that protect themselves & others are made and enforced, why different rules are needed in different situations and to understand how to take part in making & changing rules.</p> <p>Recognise that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.</p> <p>Learn about enterprise and the skills that make someone 'enterprising.'</p>	

8. a basic understanding of
enterprise

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